

# FULLY AWARE FULLY FREE FULLY ALIVE

## FULLY ME

– A journey guided by Dr Bill Price –



### QUICK OVERVIEW OF DATES AND SESSIONS

... *The slightly adjusted line-up focusing on the 'paid' part of the programme*

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#### Part1: A POWERFUL 3-IN-1 OVERVIEW - Who am I in My Essence?

*This is a FREE session*

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Monday, July 27, 2020	7 pm	<b>Who am I in My Essence? A powerful 3-in-1 overview</b>
<i>Done and dusted, but you can still revisit this content in the PARTICIPANT PORTAL</i>		<b>#1 The Basic Foundation #2 Looking at our soul-life #3 My Capacity Potential and Competence</b>

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#### Part 2: REGISTER TO ACCESS NINE MORE INTENSE INTERACTIVE SESSIONS

*PAID sessions*

- *Audio links for meditation will be sent after each weekly session.*

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Monday, August 3, 2020	7 pm SAST	<b>#4 Discovering and mapping exactly what is holding me back.</b> <i>You did the session ... did the homework ... now let's continue for real!</i>
Monday, August 10, 2020	7 pm	<b>#5 Looking at my beliefs system – those thought patterns and self-destruct mechanisms – All of which could be creating the handbrake version of my SELF.</b> <i>Surprise free gift with homework and meditation</i>
Monday, August 17, 2020	7 pm	<b>#6 Unpacking the next 5 critical areas for Life Success in My Life Reason and Symphony.</b> <i>Another ... surprise free gift ... with homework and meditation</i>
Monday, August 24, 2020	7 pm	<b>#7 Let's diagnose what are those self-limiting beliefs, those self-sabotaging tactics our minds play with such magnificence!</b> <i>Yet another ... surprise free gift with homework and meditation</i>

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- Monday, August 31, 2020 7 pm **#8 Co-designing the final 5 critical success factors** in My Purpose and Meaning Strategy with great clarity and focus.  
*You're kidding me! Another surprise free gift with homework and meditation*
- Monday, September 7, 2020 7 pm **#9 Let's apply the stethoscope to hear the heartbeat of the voices that inhibit us and limit us from moving ahead** with the required momentum and pacing of our Future-Focused (TM) Plan  
*Come on now? ... Once again, a surprise free gift with homework and meditation*
- Monday, September 14, 2020 7 pm **#10 Now let's use all the Brain Languages and Brain Logic Levels to add perspective and dimension to the Life Reason and Symphony** we are carefully creating and crafting. We will also design basic habits, rituals and behaviour patterns to enhance how we weave these into our being.  
*Honestly, ... another ... surprise free gift with homework and meditation!*
- Monday, September 21, 2020 7 pm **#11 It's Dr Bill's Birthday! Let's celebrate how we can live from the inner ESSENCE outwards.** Let's design Triggers that will ignite our focused attention to ignore what we need to and focus on what we want to! Mindsets that matter and motivate toward the end version of our "BEST LIFE EVER".  
*What? Can't be? ... Another ... surprise free gift with homework and meditation*
- Monday, September 28, 2020 7 pm **#12 Never, Never, Never Give UP! This is a PROCESS.** Success by design and becoming Consciously Aware in our living. Designing personal ownership into it all.  
*The Birth of a new tribe!!!!  
I wonder what that will be like????*

## GRADUATION

